



MENTAL HEALTH COUNSELING

Amy Sohler, LMHC, SUDP, CSAT

Supporting Your Journey of Healing and Wellness

Amy has a long history of working with tribal communities, and she is here to provide a source of connection, empathy, and support.

She specializes in working with people who have experienced trauma or are struggling to overcome unhelpful behaviors.

She is also a helpful resource for those desiring to develop balance in relationships and strengthen their skills for coping with life challenges.

To learn more about the support Amy can provide, or to schedule an appointment, contact Behavioral Health at (360) 413-2727.

***Due to current COVID-19 restrictions, services are limited to currently registered Tribal Members in Thurston County and currently registered CHS patients of the Nisqually Health Clinic who reside on the reservation. If you are in crisis, contact the Thurston County crisis line, 360-586-2800.**

Individual Counseling

**Open to Nisqually
Tribal Members in
Thurston Co. and CHS
Patients living on the
Nisqually
Reservation***

Behavioral Health Office

**Mondays 9:00am-
12:00pm**

**To Schedule Call
360-413-2727**

NISQUALLY BEHAVIORAL HEALTH PROGRAM

4820 She-Nah-Num Dr. SE
Olympia, WA 98513
(360) 413-2727

Hours: Monday-Friday
8:00am-5:00pm